



Website Updates

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Early Ages
Healthy Stages™

Growing healthy kids right from the start.

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Why Addressing Health in Early Childhood Matters

Cuyahoga County Early Childhood Health Status Indicators

This dashboard includes early childhood health status indicators, from Better Health Partnership, for Cuyahoga County. To view the full Early Childhood Healthy & Well-Being dashboard on Healthy Northeast Ohio click [here](#).

| | | |
|--|--|--|
| 9.9% Percent of children (ages 2-5) Young Children Affected by Asthma | 17.8% Percent of children (ages 3-5) Young Children Affected by Elevated Blood Pressure or Hypertension | 23.2% Percent of children (ages 2-5) Young Children Affected by Overweight or Obesity |
|--|--|--|

Source: [Healthy Northeast Ohio](#)



Healthy foods are available.

Young children need access to healthy food in order to make healthy food choices.

There are opportunities for

active play. Active play helps children grow healthy muscles, bones, and brains.

Health care is accessible.

Access to an affordable medical home helps children stay healthy and meet milestones.

Social emotional needs are

met. Young children thrive in classrooms and community where they feel safe, connected, and supported.

Families are engaged.

Parents and other family members are a child's first teachers and best role model.





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Healthy Foods

Active Play

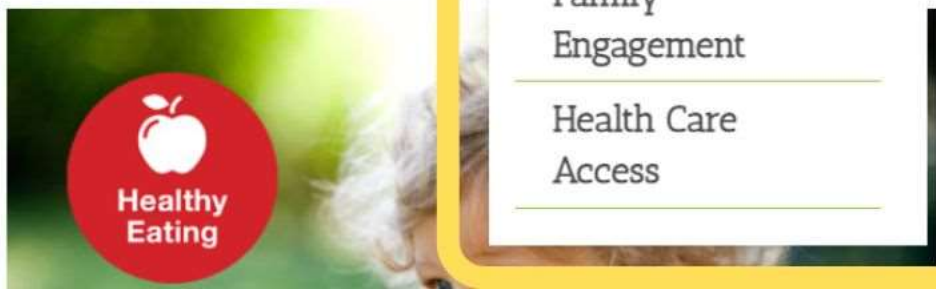
Social Emotional
Health

Family
Engagement

Health Care
Access

Healthy Foods

Young children have tiny bellies and big energy needs. Eating healthy food, full of vitamins and nutrients helps children get the energy they need to grow, learn, and play. Young children cannot eat healthy foods if healthy foods are





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Ohio Healthy Programs ▾

Overview

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[OHPs in Cuyahoga County](#)

What is Ohio Healthy Programs?

Designated Ohio Healthy Programs are early care and education(ECE)programs that meet all state licensing requirements for health. These programs show their families and community the wellness of the children that they serve.

[Why does this matter for ECE programs?](#)

and beyond the health and

Local Resources

[Local Resources](#)

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[Click here for healthy eating resources.](#)

Young children need access to healthy food in order to make healthy food choices.



[Click here for active play resources.](#)

Active play helps children grow healthy muscles, bones, and brains.



[Click here for healthcare access resources.](#)

Access to an affordable medical home helps children stay healthy and meet milestones.



[Click here for social emotional health resources.](#)

Young children thrive in classrooms and community where they feel safe, connected, and supported.



[Click here for family engagement resources.](#)

Parents and other family members are a child's first teachers and best role model.



[Click here for early care and education \(ECE\) provider resources.](#)

Early care and education settings are an ideal opportunity to promote healthy development.

Local Resources Example



Community Resources & Connections

Family Engagement

| Organization | Contact Name | Email | Website | Phone | Description |
|--|---------------------------------|---|---|-------------------|--|
| Beechbrook STEPS Program | Christal Martin, Shanay Hawkins | shanay.hawkins@beechbrook.org ; christal.martin@beechbrook.org | https://www.beechbrook.org/services/family-center | 216-391-4069 | STEP (security, touch, eyes, play, sound) is an early brain development program for parents/caregivers with children ages 0-5. Our goal is to improve family engagement and increase learning in the homes. STEPS help to strengthen bonds to form stable foundations for the development of social, emotional, cognitive and language skills. This program focus on early stimulation of the brain to prepare the children for kindergarten. |
| Black Child Development Institute - Cleveland (BCDI - Cleveland Affiliate) | Gloria Blevins | cleveland@affiliates.nbcdi.org | | 216-464-3507 | Established in 2017, BCDI Cleveland supports and is currently working on delivering high-quality resources that respond to the unique strengths and needs of Black children around issues including early childhood education, health, child welfare, literacy and family engagement. BCDI Cleveland provides opportunities and information to connect families to resources in their communities for low to no cost. The strength and success of BCDI Cleveland is built on our community of members and collaborative partners. Become a member of Black Child Development Institute—Cleveland to make a difference for Black Children and Families in Ohio. |
| Catholic Charities Early Learning Programs | Carrie Vollentine | cvollentine@ccdole.org | https://www.ccdole.org/service-areas/early-learning-head-start | 216-334-2945 | Our eight Early Learning Centers offer: Head Start and Early Head Start Program for children six weeks to five years of age; Highly Qualified Teachers; Low teacher to child ratios; Evidence based curriculum to prepare each child for kindergarten and future successes; Full day programs to meet the diverse needs of families; Family support services that respond to the needs of the children and families; Service for children with disabilities |
| Cleveland Department of Public Health Moms First Program | | | http://momsfirst.org/ | 216-664-4194 | Moms First provides support and services to expectant mothers living in the City of Cleveland. |
| Cuyahoga County Board of Health Immunization Clinic | | | http://www.ccbh.net/immunization-clinics-2/ | 216-201-2041 | The CCBH Immunization Clinic provides services throughout the lifespan. We help the people of Northeast Ohio Get to Where They Are Going by providing vaccines to prevent disease, death, and disability. CCBH has programs to help the uninsured as well as those with insurance coverage. Services include Flu vaccine, childhood vaccines, occupational vaccines, and travel vaccines. |
| Cuyahoga County Public Library Toy Lending | Sue Kirschner | | | 216-749-9522 | The toy collection is organized in age-appropriate categories including literacy, math, music, games, active play and more. Toys may be borrowed for three weeks. The collection may be viewed in picture catalogs located at each branch or online. |
| Noodle Soup | Jodi Yuhas | jodi@noodlesoup.com | https://www.noodlesoup.com/ | 216-881-0083 | Noodle Soup sells material to support agencies' family education and engagement. We publish pamphlets, fliers and children's books to help families learn about healthy families learn about healthy habits and routines. Topics include breastfeeding, childhood nutrition, physical activity, early literacy, school readiness, and social and emotional health. we sell child health and wellness items that can help families with basic hygiene. We also provide imprinted promotional items can help public health and ECE agencies promote their programs. |
| Pre4Cle | Michelle Connavino | info@pre4cle.org | https://pre4cle.org/ | 216-901-4214 | PRE4CLE is the plan to ensure all 3 and 4 year old children in Cleveland have access to high-quality preschool. PRE4CLE increases the number of high-quality preschools, helps providers improve their quality, and connects parents to quality programs. |
| Providence House, Inc. | | info@provhouse.org | https://www.provhouse.org/ | 216-651-5982 | Providence House provides emergency shelter for children (birth to age 10) when parents are facing situations that make them unable to safely care for their children while they address their family's needs. We provide safe, nurturing, short-term care for children while working with parents to engage support services focused on wellness, safety and stability for the long-term well-being of their family. |
| Special Needs Child Care | Debbie Busdiecker, R.N. | dbusdiecker@ccbh.net | http://www.ccbh.net/special-needs-child-care/ | 216-698-7500 | Free child specific ODJFS care plan development for children with any type of health condition (after RN meets with parent for consent and child's medical history). Free child specific trainings for child care providers or family members caring for children with any type of health condition. Free medical equipment loans (nebulizers, mask & tubing, spacers). |
| West Side Catholic Center Employment Program | Frank Johaneck | fjohaneck@wsccenter.org | https://www.wsccenter.org/workforce-development | 216-631-4741 x167 | Tuesday-Thursday nights 6-8pm in the West Side Catholic Center's EOP building (next to Ohio City Pizza); Computer skills training; Job assistance & interview prep; Financial literacy; *Childcare services provided with registration prior to class. |



Meetings and Minutes

Local Resources

EAHS Materials

Archived
Meetings and
Minutes

2022 Meetings and Minutes

October

EAHS Coalition Meeting 10.28.22

Meeting Minutes (coming soon)

2021 Meetings and Minutes

September

August

July

June

May

Nutrition and Physical Meeting 9.9.21

[Meeting Minutes](#)



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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |

Ohio Ready to Learn Session