

## **Working Group – Social Emotional Health Meeting Format**

### **1. Mission**

EAHS helps children and families achieve early childhood success by addressing health and wellbeing through childcare environments and community collaborations.

### **2. Results Statement**

All Cuyahoga County children in early care and education are healthy

### **3. Why is this important?**

EAHS aims to provide children with the best foundation possible in their early years. This leads to children who are more prepared to learn and lifelong health and wellness.

### **4. How are we doing?**

- 2-3 performance measures
- Something the coalition has control over/are responsible for
- Either data we have access or can easily get
- Data development agenda – list of priorities for new or better data

### **5. What will it take to do better? (strategies)**

- No cost/low cost solutions
- Off the wall ideas
- What does the research say it will take?
- What do we have control to change that will improve the performance measures

### **Next Steps:**

- Prioritization exercise via email
- Vet responses with group
- Develop final strategic plan chart similar to what was completed for Phase 1

## **Discussion Summary – Performance Measure Brainstorm**

### *Training and Technical Assistance*

- Training for teachers and parents around toxic stress and trauma
  - Be mindful of language around these topics, taking strength-based approach
  - Strengthening Families approach
- What does it mean to be a trauma informed program?
  - State level work on this – ODH or JFS
  - National child traumatic stress network
- Track programs that are already providing training to staff and/or families, look for improvements

### *Community Collaboration*

- Invest in children – community collaboration
  - Bring service providers together for young children
- Defending childhood initiative – community collab
  - Screening tool when we think a family has been exposed to trauma
- Frontline – training around trauma informed practices – community collab
  - Children who witness violence program
- Assessment tool perf measures?
  - ASQ and DECA for UPK
  - General population programs using ASQ
  - Required to identify SE screening tool
- Evidence based SE curriculums for children and parent education
  - PATHS program – CMSD adapted for prek – elementary
- Second step curriculum

### *Research and Evaluation*

- What are the research and evaluation needs that we can contribute to?
  - Impact of COVID on early childhood SE health
  - Impact of COVID on kindergarten readiness
- How many programs have taken a trauma informed approach?
  - Checklists and guidelines out there
  - How many programs have taken courses on the topic?

### *Advocacy and Communication*

- Communications regarding adult social emotional health
- Promoting – activities and interactions that strengthens social emotional health
- Ensuring intentionality of adult social emotional health – adults have their own resources so they can provide support to children
  - Providers and family members/care takers
- What happens after screening tools are completed
  - Process for next steps – resources, tools programs can provide for families

## **Discussion Summary – Strategy Brainstorm**

### *Training and Technical Assistance*

#### *Community Collaboration*

- Assessment tool for parents to use with children that can help them understand areas that are important to address
  - “Social emotional ASQ”
- Look at an assessment that is already out there and build upon it, make it more accessible
  - ASQ, social emotional tool

### *Research and Evaluation*

#### *Advocacy and Communication*

- Educating, defining social emotional health so providers and families are on the same page
- Helping families with coping