



## Early Ages Healthy Stages Coalition Meeting Minutes

Date: January 10, 2020

Time: 9:30 am- 11:30 am

Location: Langston Hughes Community Health and Education Center

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| <b>I. Welcome back and Introductions</b> |  |
| <b>Discussion Points</b>                 | <ul style="list-style-type: none"> <li>Welcome to our first time attendees: Wanda, Morgan, and Shelli!</li> </ul>  |
| <b>Conclusion/ Actions</b>               | <ul style="list-style-type: none"> <li>We are looking forward to working with all of you on the next version of Early Ages Healthy Stages. Your passion and expertise will be critical to our work in 2020.</li> </ul> |

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| <b>II. Cleveland Healthy Kids Meal Campaign</b> |   |
| <b>Discussion Points</b>                        | <ul style="list-style-type: none"> <li>Did you know – Cleveland kids consume enough sugary drinks each year to fill a bath tub? The American Heart Association is proposing a policy solution in the City of Cleveland that makes the default beverage choice in bundled restaurant kids' meals water and low-calorie milk. The policy has been introduced to the Health and Human Services committee of Cleveland City Council.</li> <li>Our amazing partners and coalition members have amazing success stories in helping reduced sugar sweetened beverage consumption:</li> </ul> |

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|                                | <ul style="list-style-type: none"> <li>○ Early Childhood Options participated in a demonstration grant that showed a reduction in weight, blood pressure, and diabetes risk among youth by eliminating sugary beverages.</li> <li>○ Cassandra Thompson has eliminated juice in her family childcare program.</li> <li>● EAHS partner ideas for additional connections in the community for the campaign: <ul style="list-style-type: none"> <li>○ Connection to the community development corporations, particularly Old Brooklyn, and Slavic Village with their P-16 efforts.</li> <li>○ There is also a need to consider food and beverage standards for community events that target young children and families.</li> </ul> </li> <li>● The American Heart Association needs help in the following ways: <ul style="list-style-type: none"> <li>○ EAHS organizations can formally sign-on as an organizational supporter</li> <li>○ Connections to Cleveland City Council members</li> <li>○ Story sharing – how do we make a healthy start for Cleveland’s kids?</li> </ul> </li> </ul> |
| <b>Conclusion/<br/>Actions</b> | <ul style="list-style-type: none"> <li>● Have a success story about reducing sugar-sweetened beverages at your childcare program? Tell us all about it by emailing us at <a href="mailto:info@earlyageshealthystages.org">info@earlyageshealthystages.org</a></li> <li>● Want to join the movement? Text HEALTHY4CLE to 46839.</li> <li>● For additional information about the campaign, please contact Jamie Meerdink at james.meerdink@heart.org</li> </ul>  |

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| <b>III. Langston Hughes Community Health and Education Center</b> |  |
| <b>Discussion<br/>Points</b>                                      | <ul style="list-style-type: none"> <li>● The Center works to re-introduce neighborhood residents to the healthcare system, and work in collaboration with partners to identify people not connected to a medical home. Through improved trust, the hope is for residents to feel comfortable engaging with the health systems again.</li> <li>● Healthy Communities Initiative – Health Challenge. 8 week challenge offered free of charge to anyone that lives, works, and/or plays in East Cleveland, Glenville, Hough, Central/Kinsman, and Fairfax focused on nutrition and physical activity. Participants earn points for participating in pre/post screenings and attending classes and events. Challenges are held throughout the year.</li> <li>● Other CCF news: <ul style="list-style-type: none"> <li>○ A second mobile unit is coming online!</li> <li>○ CCF is piloting telehealth services at school for nutrition, psychiatry, and pulmonology.</li> </ul> </li> </ul> |
| <b>Conclusion/<br/>Actions</b>                                    | <ul style="list-style-type: none"> <li>● Consider a competition among our ECE educators in those communities in an upcoming challenge!</li> <li>● Langston Hughes has a program book that anyone can access that contains upcoming program schedules.</li> </ul>   |

| IV. Dolly Parton Imagination Library |   |
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| Discussion Points                    | <ul style="list-style-type: none"> <li>• The Dolly Parton Imagination Library is a book gifting program that mails a brand new, age appropriate book to enrolled children every month from birth until age 5. A child enrolled by 3 months of age will have a home library of up to 60 high quality books. The Literacy Cooperative implements the project locally. One of the program's goals is to ensure that children have a love of books, reading, and learning.</li> <li>• In addition to being a book gifting program, our local implementation works to connect young children and families to the programs and services of partner agencies throughout the County.</li> <li>• Thanks to the support of the Governor's office, every child in Cuyahoga County is now eligible to be enrolled.</li> </ul> |
| Conclusion/ Actions                  | <ul style="list-style-type: none"> <li>• ECE programs can serve as a great pipeline for enrolling young children!</li> <li>• To enroll: fill out the online form <a href="#">here</a> or fill out this <a href="#">document</a> and mail it in.</li> <li>• There are opportunities for EAHS to share news and events in the Literacy Cooperative's newsletter.</li> </ul>   |

| V. EAHS Updates   |   |
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| Discussion Points | <ul style="list-style-type: none"> <li>• Thank you to everyone that took the time to complete our annual survey. We cannot get better without your feedback! We hear you loud and clear that group engagement and meeting attendance are the biggest challenges ahead of us for 2020. We will think critically about the ways we can improve our infrastructure to maximize everyone's time and resources.</li> <li>• The EAHS working groups are going to be on pause until April. Based on feedback received in our Vision 2020 exercise we will best determine how to move forward.</li> <li>• On the horizon: We have a new strategic plan coming! We will need to consider several key factors as we begin moving through our process in April: <ul style="list-style-type: none"> <li>○ Reframing our framework</li> <li>○ Positioning our work as a supportive solution to kindergarten readiness</li> <li>○ The best way to engage with our passionate providers, without whom, we would not exist.</li> <li>○ EAHS infrastructure needs</li> </ul> </li> <li>• Step 1: Grounding the work in our system. Be on the lookout for a survey at the beginning of February. We want to know where our capacity currently exists in our system, where our areas of opportunity are, and the best way to engage with our system to maximize our impact.</li> <li>• Step 2: Vision 2020 Exercise. Our goal is to understand from our experts what is most needed for the future. Worksheets were passed out and all attendees provided feedback.</li> </ul> |

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| <b>Conclusion/<br/>Actions</b> | <ul style="list-style-type: none"> <li>• We are moving to a quarterly meeting schedule, effective immediately.</li> <li>• If you were unable to attend the meeting, the Vision 2020 sheet will be sent via email. We want everyone to have an opportunity to provide input.</li> <li>• Your attendance at April's meeting will be crucial! We will be presenting a plan for moving forward and want to achieve consensus before anything is finalized.</li> </ul> |
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| <b>V. Next Meeting</b>       |   |
| <b>Discussion<br/>Points</b> | <p>Please save the date for the next meeting of the EAHS Coalition:</p> <p style="text-align: center;">April 3, 2020<br/>CEOGC Green Road Head Start<br/>4329 Green Road, Cleveland, OH 44128</p> <p>Please park in the back lot of the building and enter through the front door.</p> <p>Agenda:</p> <ul style="list-style-type: none"> <li>• Welcome and Introductions</li> <li>• Presentation: Family Connections. Presenter: Karen Gillooly, Director of Programs</li> <li>• EAHS Updates</li> <li>• EAHS Vision 2020: Consensus</li> </ul> |
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Minutes Prepared by: Alison Patrick