

October Coalition Meeting

Cleveland Public Library Friday, October 11, 2019 9:30am-11:30am

Welcome and Introductions





Early Childhood Wellness Matters

Cuyahoga County recognizes healthy habits need to start early.

Children's early learning environments give them the opportunity to develop healthy habits right from the start • • • • • • • • •



In 2012, **38,000**

children ages 0-5 spent time in early learning environments in Cuyahoga County.





On average, young children spend

32 hours a week

> in an early learning environment.





Five year olds who have a healthy weight are

4 times less likely

to become obese teens than five year olds who are overweight.





Children who are healthy are more likely to be ready for

school and

ready to learn!





Our mission:

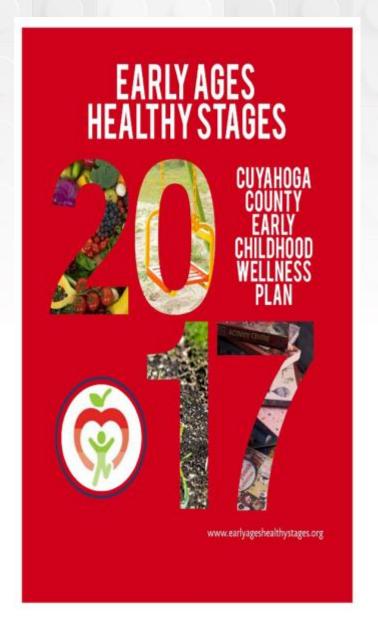
To work *together* to create healthy environments for young children in Cuyahoga County.

Our vision:

Cuyahoga County is a community that provides all children ages 0-8 with the opportunity to establish healthy lifestyles in the environments where they live, learn, sleep, and play.







EAHS Strategic Plan can be found at:

www.earlyageshealthystages.org



OUR PRIORITIES

At Early Ages Healthy Stages, we recognize that it is our job to help build healthy early childhood environments for all children, regardless of how they look or where they live.

In Cuyahoga County, we believe that early childhood environments are healthy if...

Together, we will work to shape these priorities to ensure that all young children in Cuyahoga County are given every opportunity to reach their fullest, healthiest potential.



Healthy foods are available.

Young children need access to healthy food in order to make healthy food choices.



Social emotional needs are met.

Young children thrive in classrooms and communities where they feel safe, connected, and supported.



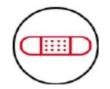
There are opportunities for active play.

Active play helps children grow healthy muscles, bones, and brains.



Families are engaged.

Parents and other family members are a child's first teacher and best role model.



Health care is accessible.

Access to an affordable, medical home helps children stay healthy and meet milestones.



EAHS Updates

 Meeting registration is now included on the EAHS events calendar in the event you have issues with our Mailchimp emails



Recap of September's Meeting

- Shayla resigned from her position. Her last day was 8/30. CCBH staff will be filling in under the position is filled. The job posting is set to be released on October 18th.
- We explored opportunities with the Tri-C Community
 Health Worker program and connections to early
 childhood
 - 130 hour field experience is part of the program
- Working groups convened



Things We Did Well -September

- Small group but made good progress
- Love all of the additions to the website
- Many attendees
- Learning about opportunities with Tri-C and new resources
- Meeting flowed well
- Productive working group session; appreciate the folder prep



Things You Ask that We Improve Upon

- More meeting attendees
- More discussion after the presentation to talk more about how it relates the work and the opportunities that we should consider
- Working group still not consistent; some groups are too small
- Need a CHW to assist with each working group





Kenneth Redd

Library Assistant, Outreach

Ohio Library for the Blind and Physically Disabled



Today's Task

- In our working groups:
 - Generate your own agenda items based on your objectives and action steps
- Questions to answer during report out:
 - What do we need to know about the action and progress of your working group?
 - Thoughts on EAHS lead recommendations?



2019 Meeting Information

Friday, November, 8, 2019

Host - Sisters of Charity Foundation
William Patrick Day
2421 Community College Avenue
Cleveland, OH 44115

Friday, December 13, 2019

Cuyahoga County Board of Health 5550 Venture Drive Parma, OH 44130



EAHS Social Media Platforms

Twitter & Instagram: @EAHSCuyahoga

Facebook: @EAHSCuyahoga

Website: www.earlyageshealthystages.org





info@earlyageshealthystages.org

