

## September Coalition Meeting

Tri-C Corporate College Friday, September 13, 2019 9:30am-11:30am

## Welcome and Introductions





## Early Childhood Wellness Matters

Cuyahoga County recognizes healthy habits need to start early.

Children's early learning environments give them the opportunity to develop healthy habits right from the start • • • • • • • • •



In 2012, **38,000** 

children ages 0-5 spent time in early learning environments in Cuyahoga County.





On average, young children spend

32 hours a week

> in an early learning environment.





Five year olds who have a healthy weight are

4 times less likely

to become obese teens than five year olds who are overweight.





Children who are healthy are more likely to be ready for

school and

ready to learn!





#### **Our mission:**

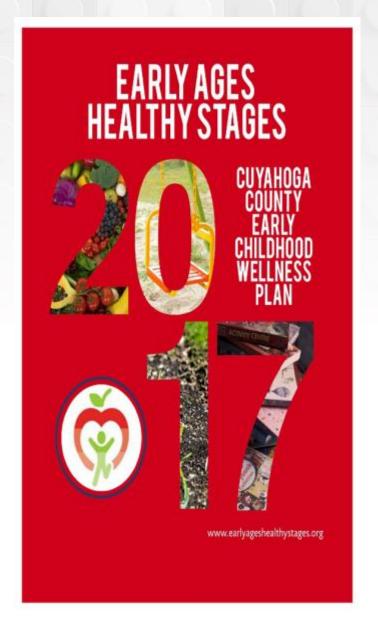
To work *together* to create healthy environments for young children in Cuyahoga County.

#### **Our vision:**

Cuyahoga County is a community that provides all children ages 0-8 with the opportunity to establish healthy lifestyles in the environments where they live, learn, sleep, and play.







## EAHS Strategic Plan can be found at:

www.earlyageshealthystages.org



#### **OUR PRIORITIES**

At Early Ages Healthy Stages, we recognize that it is our job to help build healthy early childhood environments for all children, regardless of how they look or where they live.

In Cuyahoga County, we believe that early childhood environments are healthy if...

Together, we will work to shape these priorities to ensure that all young children in Cuyahoga County are given every opportunity to reach their fullest, healthiest potential.



#### Healthy foods are available.

Young children need access to healthy food in order to make healthy food choices.



#### Social emotional needs are met.

Young children thrive in classrooms and communities where they feel safe, connected, and supported.



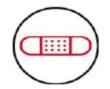
## There are opportunities for active play.

Active play helps children grow healthy muscles, bones, and brains.



#### Families are engaged.

Parents and other family members are a child's first teacher and best role model.



#### Health care is accessible.

Access to an affordable, medical home helps children stay healthy and meet milestones.



## **EAHS Updates**

 Shayla has transition out of her position as EAHS Grant Coordinator

 EAHS Grant Coordinator position will be posted on October 18<sup>th</sup>

 Alison Patrick will be EAHS point of contact during this transition



## Things We Did Well - August

- Dedicating the entire meeting to lead allowed for in-depth discussion
- Generating coalition talking points around the lead issue will allow for collaboration amongst working groups
- Good conversation around new work on an old problem



# Things You Ask that We Improve Upon

- Work to get more people in the room for these important conversations
- EAHS communications



## Recap of August's Meeting

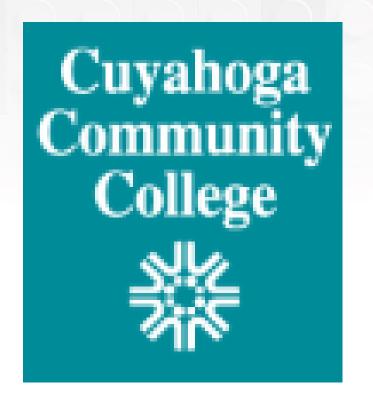
- Presentation by the Lead Safe Cleveland coalition
- Emerging opportunities with the Lead Safe
   Cleveland Coalition with ECE in 2 areas:
  - 1) Lead screening and services
  - 2) Lead standards in childcare facilities
- New subcommittees forming in both of these areas and all EAHS members are invited to get involved



## Recap of August's Meeting

- From an EAHS perspective, we brainstormed a list of talking points for future advocacy efforts in partnership with LSCC
  - Draft list is in your folders
  - Will reach consensus at a future meeting





Marquita Rockamore

Health Industry Solutions
Department

Corporate College



## Today's Task

- In our working groups:
  - Generate your own agenda items based on your objectives and action steps
- Questions to answer during report out:
  - What do we need to know about the action and progress of your working group?
  - Thoughts on EAHS lead recommendations?



## 2019 Meeting Information

Friday, October 11, 2019

Cleveland Public Library Lake Shore Facility
17133 Lake Shore Blvd.
Cleveland, Ohio 44110

Friday, November, 8, 2019
Sisters of Charity Foundation
Exact Location TBD

Friday, December 13, 2019

Cuyahoga County Board of Health

5550 Venture Drive

Parma, OH 44130



## **EAHS Social Media Platforms**

Twitter & Instagram: @EAHSCuyahoga

Facebook: @EAHSCuyahoga

Website: www.earlyageshealthystages.org





### info@earlyageshealthystages.org

