

## Early Ages Healthy Stages Coalition May Meeting Minutes

Date: May 10, 2019 Location: Urban Squash Time: 9:30 am- 11:30 am

| I. Welcome  | I. Welcome and Introductions   |  |
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| Discussion  | Welcome's and Introduction   |  |
| Points      | Today's Agenda:  |  |
|             | <ul> <li>Recap of April's survey results</li> </ul>  |  |
|             | <ul> <li>Urban Squash-Cleveland Overview</li> </ul>  |  |
|             | • Presentation: BCDI   |  |
|             | <ul> <li>Week of The Black Child</li> </ul>  |  |
|             | <ul> <li>Working Groups</li> </ul>   |  |
|             | <ul> <li>Upcoming Events</li> </ul>  |  |
| Conclusion/ | Welcome to our first time attendees!   |  |
| Actions     | • Based on the survey results from May we have implemented the following: having each working groups strategic objectives and actions along with a running list of members (this was provided at this month's meeting). Presentations have been shortened from 45mins to 25mins to allow for more working group time.  |  |
|             | • Katie- Urban Squash Cleveland give an overview about the organization and how the programs<br>and services they currently provide could tie into EAHS and providers. Although, Urban Squash<br>begins with fourth graders they were open to furthering a discussion about programming<br>targeting younger children. All in attendance were offered a tour and a free squash lesson if they<br>were interested in returning. If individuals want to volunteer 8 hours a month that would cover<br>the monthly squash access fee. |  |

| II. Presentation: Black Child Development Institute (BCDI) Cleveland |  |  |
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| Discussion<br>Points   | <ul> <li>Presentation by Gloria Blevins, President and Ava Lucky, Co-Vice President shared the current<br/>initiatives with the coalition which are Good for Me! Curriculum- designed to engage children 3<br/>to 5 years old in healthy eating and physical activity by exposing them to fruits and veggies,<br/>physical activity and reinforcing foundational skills (literacy, math and science, social science<br/>and arts); Week of the Black Child (5/13-5/18); Delivering on the Promise- engage community</li> </ul> |  |

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|                        | leaders, advocacy groups, elected officials, and activists to support innovative strategies at the policy and system levels to address the suspension and expulsion crisis in early childhood education that disproportionately impacts Black children.  |
|------------------------|--|
| Conclusion/<br>Actions | <ul> <li>Call to action for members of the coalition to join BCDI-Cleveland to help support the efforts.</li> <li>All events that are being hosting for week of the black child, including the community resource fair on Saturday, May 18, 2018, 10am-2pm at Ginn Academy High School</li> <li>5/13 Storytellers Spoken Word Poetry and Art South Euclid Library</li> <li>5/13 Stand against Preschool to prison Pipeline</li> <li>5/17 Real Men Spring into Reading (throughout Northeast Ohio men will read to children at ece's and schools)</li> <li>Contact cleveland@affiliiates.nbcdi.org to engage and become involved</li> </ul> |

| III. National Screen Free Week |   |
|--------------------------------|---|
| Discussion<br>Points           | <ul> <li>National Screen Free Week (NSFW) was April 29-May5 analytics was shared with the group.<br/>Facebook reached 209 and had 21 engagements. Twitter 2594 tweets reach and 30<br/>engagements and Instagram had 33 likes. A robust discussion around who our targeted<br/>audiences are and what specific messaging we should use to target those groups.</li> </ul> |
| Conclusion/<br>Actions         | <ul> <li>The coalition requested more detailed information regarding the analytics. That information will be gathered and shared at a later date to the family engagement group by Alison.</li> </ul>   |

| IV. Working Groups     |  |
|------------------------|--|
| Discussion<br>Points   | <ul> <li>Working groups convened for the second half of the meeting. New members in attendance were asked to select a group of their choosing based on their personal or professional interest. Members were reminded to please remain with the same group for all of 2019. The action oriented agenda document was reviewed.</li> <li>Working groups were tasked with reporting out on the following at the end of the meeting: <ul> <li>Finalize co-facilitators if group has not already done so</li> <li>Generate their own agenda items based on the specific objectives and action steps</li> </ul> </li> </ul>  |
| Conclusion/<br>Actions | <ul> <li>Each working group wants the coalition to know:</li> <li>Family Engagement: <ul> <li>Need copies of goals and objectives for every working group member (10 copies)</li> <li>Four members of the working group will Participant on behalf of EAHS at the family engagement event "Be My Neighbor Day", August 9, 2019 hosted by WVIZ/PBS ideastream</li> </ul> </li> <li>Healthy Eating <ul> <li>Co-facilitators identified</li> <li>Planning for an event for family, ece providers and food agencies</li> <li>Looking at resources for food access maps that can connect ece's and families</li> <li>Farm ECE Alison to send food trust info for group to review for future ece gardens.</li> <li>Garden Grant follow-up; what has happened since grant, how is it sustained, lessons learned?</li> </ul> </li> <li>Social Emotional: <ul> <li>Finalized revisions to the action step plan (goals and objectives)</li> <li>Work to identify ways to engage families/providers for trainings &amp; focus groups to increase awareness of brain development and trauma</li> </ul> </li> </ul> |

| <ul> <li>Continued exploration of target audience for NSFW and plan for future</li> </ul>  |
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| Health Care:   |
| <ul> <li>Participating in upcoming meeting to better understand HUB models with Better Health<br/>Partnership on June 21, 2019 @ Tri-C east.</li> </ul>                                |
| What are next steps and follow up on material selected through Noodle Soup at April meeting  |
| <ul> <li>Create a list of members, position, resources, links to organizations, contact info, role, focus and<br/>function-supportive services and send list to all members</li> </ul> |
| Active Play  |
| <ul> <li>Seeking more support from the coalition members for larger participation working group. There are two members regularly participating.</li> </ul>                             |
| <ul> <li>Working on developing activities for activity kits to be placed in CCPL branch libraries by<br/>September 2019.</li> </ul>  |
| If any working group schedules a meeting outside of our monthly EAHS coalition meetings, please notify CCBH so the meeting can be offered to all EAHS coalition members.               |

| V. Next Meet         | ing   |
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| Discussion<br>Points | Please save the date for the next meeting of the EAHS Coalition:                                    |
|                      | June 14, 2019   |
|                      | 9:30-11:30 am   |
|                      | Location: East Cleveland Public Library   |
|                      | 14101 Euclid Avenue   |
|                      | East Cleveland, OH 44102  |
|                      | Presentation: Rachael Sommer, Freshlink-Bridging Residents to Resources to Improve Community Health |
| Upcoming<br>Events:  | • Be My Neighbor Day, August 9, 2019. Contact: Denise Hallman, denise.hallman@ideastream.org        |

Minutes Prepared by: Shayla L. Davis