

# Early Ages Healthy Stages Coalition April Meeting Minutes

Date: April 12, 2019 Time: 9:30 am- 11:30 am

Location: Tri-C Main Campus

I. Welcome and Introductions	
Discussion Points	<ul> <li>Welcome's and Introduction</li> <li>Today's Agenda:         <ul> <li>Recap of March's meeting, including survey results</li> <li>Presentation: Ohio Healthy Programs</li> <li>National Screen Free Week 2019</li> <li>Working Groups</li> <li>Upcoming Events</li> </ul> </li> </ul>
Conclusion/ Actions	<ul> <li>Welcome to our first time attendees!</li> <li>Based on the survey results from March we have implemented the following: partner organizations and contact information have been listed on the EAHS website; we are actively securing meeting locations for the summer months with accessible parking; we have include enough copies for handouts for everyone at today's meeting; and we have created orientation slides for new members that we will use at every meeting.</li> </ul>

II. Presentation: Ohio Healthy Programs		
Discussion Points	• We are asking the working groups to consider the ways in which they can connect to and support Ohio Healthy Program. Theresa Henderson provided an overview of the history of Ohio Healthy Program, the structure of the program, and the 13 key messages that the program focuses on. Cuyahoga County is leading the State in the number of OHP designees and is looking forward to continuing to scale the adoption of the program. It is going to take all of our EAHS members to make that happen. Our hope goal is to work toward EAHS members to help us advocate for the inclusion of OHP into Step Up to Quality as a long term goal.	

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### Conclusion/ Actions

- Congrats to all of the currently designated programs!
- What can you do?
  - Tell everyone you know about OHP
  - Become active in state and local coalitions and committees that promote health and wellness for children.
  - Contact your local and state officials and law makers to make OHP a priority

#### III. National Screen Free Week

# Discussion Points

• National Screen Free Week (NSFW) is April 29-May5 is an objective for several EAHS working groups. EAHS staff have worked to create a NSFW social media campaign, which was reviewed during the meeting. The campaign is meant to provide partner organizations and providers with posts and images to use during the week, ensuring a broader message is communicated through Cuyahoga County. Other screen free week materials, including the pledge card, book list, and activity log are posted to the site and available for download.

### Conclusion/ Actions

- All of the screen free week materials are posted on the Resources page of the EAHS website under the EAHS Materials tab.
- EAHS staff will create a one pager about screen free week and promoting the reasons that
  providers and organizations should get involved. This will be posted to the website upon
  completion.

## **IV. Working Groups**

## Discussion Points

Working groups convened for the second half of the meeting. New members in attendance were asked to select a group of their choosing based on their personal or professional interest. Members were reminded to please remain with the same group for all of 2019. The action oriented agenda document was reviewed. EAHS has an opportunity to receive donated materials from Noodle Soup to support engagement and consistent messaging. Working groups were ask to review the catalog and select potential materials specific to their working group priority area.

Working groups were tasked with reporting out on the following at the end of the meeting:

- Finalize co-facilitators if group has not already done so
- Decide about ways the working group can support Ohio Healthy Program
- Select resources that support the working group from the Noodle Soup catalog
- Generate their own agenda items based on the specific objectives and action steps

# Conclusion/ Actions

Each working group wants the coalition to know:

#### **Family Engagement:**

• We thought of many ways in which we can connect to OHP.

#### **Healthy Eating**

- The coalition website is able to host an interactive map. We will need additional funding to support the addition of this platform.
- We will be receiving technical assistance from The Food Trust regarding the creation of a Farm to ECE toolkit.

#### **Social Emotional:**

- We would like to know what other groups are doing for screen free week to determine what more needs to be done.
- How/where do you register for advocacy day?
- We would like more information about the gardening component of OHP and how it relates to social emotional health.

#### **Health Care:**

- We have the development of resource documents underway.
- There are opportunities to connect with Community Health Workers connect students and community partners who employ and organize.
- We had success with lead screening and the mobile unit 29 children participated and none of them had high lead levels!

## **Active Play**

- We need more support around agencies related to physical activity.
- We need to identify who is not at the table and help to invite them.
- If any working group schedules a meeting outside of our monthly EAHS coalition meetings, please notify CCBH so the meeting can be offered to all EAHS coalition members.

V. Next Meeting	
Discussion Points	Please save the date for the next meeting of the EAHS Coalition:
	May 10, 2019
	9:30-11:30 am
	Location: Urban Squash Cleveland
	4701 Lorain Avenue
	Cleveland, OH 44102
Upcoming Events:	EAHS Advocacy and Communications training April 25, 2019 from 2:00pm – 4:00 pm.
	Register <u>here</u>
	Groundwork Ohio Laying the Groundwork Summit on May 8, 2019 in Columbus. Register here.
	<u>here</u>

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